



Saint Patrick Faith Formation Newsletter

February 2004

Volume 1 Issue 2

The Season of Lent

The season of Lent is a time preparing us for Easter. Lent is a period of forty days spent fasting to remember Jesus's suffering.

Lent provides us a spiritual time to focus on our baptismal promises and new members of the Church are being prepared for the Sacrament of Baptism. We have 2 students in our Faith Formation Program that will be baptized during the Easter Vigil. They are Arianna Bell and Anthony Bell. Please pray for them as they learn about our Catholic faith. Lent also is a time for our soul searching and rededication to Jesus. We seek forgiveness for our sins, reconcile with God and others, and to strengthen our faith. The forty days of Lent represents Jesus' forty days of fasting while in the wilderness.

Lent begins on Ash Wednesday (February 25) and ends with the evening Mass of the Lord's Supper on Holy Thursday (April 8). The forty days skip Sundays because Sunday signifies the Resurrection of Christ. To prepare for the coming of Jesus, the colors are purple and Rose during the 4th Sunday of Lent.

During Lent, we try to abstain ourselves to things that we eat or possess excessively. This will help us develop self discipline, to achieve spiritual purification and to find forgiveness for our sins. In our Faith Formation classes will be donating money to the Rice Bowl Program. Right at the start of class, we will be in Church doing the Stations of the Cross to recall Christ's Passion and Resurrection.

Newsletter Committee:

Beverly Pascua
Andres Lerma
D'Anna Lerma
Yolanda Lerma

(Some articles courtesy of Religion Teacher's Journal)



HAPPY
BIRTHDAY!!!



February Birthdays

Noah Michael	Aquino	3 rd
Matthew	Mangoba	3 rd
Cassie	Brazil	5 th
Marie Jose	Rizo	6 th
Michael	Sedano	6 th
Brandon	Fabie	4 th

January Birthdays

Sean	O'Neal	3 rd
Andres	Lerma	8 th
Danica	Romero	5 th
Alex	Dickison	6 th
Rachel	Smith	2 nd
Melvin	Banagan	5 th
Janessa	Baccay	6 th
Christopher	Rom-Toribio	1 st
Branden	Fernando	2 nd

December Birthdays

Megan Marie	Brazil	1 st
Jennifer	Tibbot	2 nd
Jessica	Menjivar	3 rd
Homer	Sedano, Jr.	4 th
Janessa	Tibbot	1 st
Jacob	Taylor	1 st
Ryan	Myers	1 st
Paul	Veridiano	8 th
Noel	Crisolo, Jr.	7 th
Casey	O'Neal	1 st
Alecza	Taylor	3 rd

Helping People Pray

Prayer is a way of being with someone I know loves me. (Saint Theresa of Avila)

Praying is not merely reading from a book. If the prayers from the book don't carry meaning in your heart then pray in your own honest way. You can also pray without words-by holding up your mind and heart to God, by singing or drawing pictures or by being silent.

Praying is not about fantasy but about real life.

“What is happening to you, to your family and friends, or to those you see, hear, or read about. Tell God how thankful you are for something. Or tell God how sorry you are about something and ask for forgiveness. Tell God how afraid or angry you are about something and ask for help and courage. Pray for those you feel need help. Most of all let God know how you praise and thank him!

Did you know...?

During Lent the whole Church goes on retreat for six weeks in preparation for the celebration of Christianity's most fundamental belief: Jesus was raised from the dead and is Christ the Lord. Three themes hold these six weeks together: the mystery of Jesus' death and resurrection, the implications of this mystery for those preparing for baptism, and a spiritual renewal of faith and conversion for those of us already baptized.

Virtue of the Month:

JUSTICE

Justice is the second of the “cardinal” virtues (cardinal means that the other moral virtues hinge on these four: prudence, justice, fortitude, and temperance). It disposes us to give both God and human persons their due. Justice toward God is called the virtue of religion. When we practice justice toward other people, we respect their rights and live in the harmony that promotes equity.

The Sacrament of Reconciliation

On Friday, February 6, 2004 children of our parish will receive the Sacrament of Reconciliation for the first time. Please pray for these children as they take the next step in their religious life:

Lizette Bayani	Michael Sedano
Stephen Bross	Homer Sedano, Jr.
Nick Bross	Rachel Smith
Matt Bross	Alecza Taylor
Abel Carnero III	Jennifer Tibbot
Alex Dickison	Janne Gail Trinidad
Rianna Ebaló	Genesis Valle
Gerald Fernandez	Diana Valle
Chloe Ferrer	Natali Valle
Richard Ray Guevarra	Angelica Wilson
Julia Lopez	Jayann Yalung
Matthew Mangoba	Kristen Yambao
Jessica Menjivar	Angelica Yambao
Diana Morales	Karla Lopez
Nicole Rodriguez	Carlos Garcia
Joshua Rodriguez	

Note: Please bring your child to the Church Hall at 7:15 that evening.



The Act of Contrition

As Lent grows closer let us take the time to pray The Act of Contrition to ask God to forgive our sins.

**My God,
I am sorry for my sins with all my heart.
In choosing to do wrong ,
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
Amen.**

February 2004 Calendar						
SUN	MON	TUE	WED	THUR	FRI	SAT
1	Presentation of the Lord 2	St. Blaise 3	4	5	First Reconciliation @ 7:30pm 6	Knights of Columbus Crab Feed 7
8	9	10	Our Lady of Lourdes 11	12	13	♥ HAPPY VALENTINES DAY 14
15	President's Day 16	17	18	<u>NO</u> Faith Formation 19	20	21
22	23	24	Ash Wednesday 25	Faith Formation Board Mtg. 26	27	Rodeo/ Commerce Crab Feed 28
1st Sunday of Lent 29						

Faith Formation

Preschool & Kindergarten
Sundays @ 9:30 am

Grades 1-6
Thursdays @ 4:30-5:45 pm

Grades 7-8
Thursdays @ 6:30-7:45 pm

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February Highlights

Friday, February 6, 2004
The Sacrament of First Reconciliation
@ 7:30 pm

Saturday, February 14, 2004
HAPPY VALENTINE'S DAY

Thursday, February 19, 2004
NO Faith Formation Classes-
President's Week

Wednesday, February 25, 2004
Ash Wednesday
7:30 am, 9:00 am, & 7:30 pm

A Look @ March

Thursday, March 11, 2004
First Communion Parents Meeting
@ 7:30pm in Church

Thursday, March 18, 2004
Faith Formation Reconciliation Service

Thursday, March 25, 2004
Cedar Meal